

### 3. Martingale Convergence and Uniform Integrability

*Martingale transforms (Burkholder).*

If  $X = (X_n)$  is a mg [submg, supermg],  $C = (C_n)$  is predictable, write

$$(C \bullet X)_n := \sum_1^n C_k (X_k - X_{k-1})$$

( $C \bullet X$  is the *martingale* [submg, supermg] *transform* of  $X$  by  $C$ ). Then

(i) if  $C$  is bounded and non-negative and  $X$  is a submg [supermg],  $C \bullet X$  is a submg [supermg] null at 0;

(ii) if  $C$  is bounded and  $X$  is a mg,  $C \bullet X$  is a mg null at 0.

*Proof.* As  $C$  is bounded and  $X$  is integrable,  $C \bullet X$  is integrable; it is null at 0 (empty sum is 0). As  $C$  is predictable,  $C_n$  is  $\mathcal{F}_{n-1}$ -measurable, so

$$E[(C \bullet X)_n - (C \bullet X)_{n-1} | \mathcal{F}_{n-1}] = E[C_n (X_n - X_{n-1}) | \mathcal{F}_{n-1}] = C_n E[X_n - X_{n-1} | \mathcal{F}_{n-1}],$$

taking out what is known. This is  $\geq 0$  in case (i) with  $C \geq 0$  and  $X$  a submg, and 0 in case (ii) with  $X$  a mg. //

*Upcrossings.*

For a process  $X$  and interval  $[a, b]$ , define stopping times  $\sigma_k, \tau_k$  by  $\sigma_1 := \min\{n : X_n \leq a\}$ ,  $\tau_1 := \min\{n > \sigma_1 : X_n \geq b\}$ , and inductively  $\sigma_k := \min\{n > \tau_{k-1} : X_n \leq a\}$ ,  $\tau_k := \min\{n > \sigma_k : X_n \geq b\}$ . Call  $[\sigma_k, \tau_k]$  an *upcrossing* of  $[a, b]$  by  $X$ , and write  $U_n := U_n([a, b], X)$  for the number of such upcrossings by time  $n$ .

**Upcrossing Inequality (Doob).** If  $X$  is a submg,

$$EU_n([a, b], X) \leq E[(X_n - a)^+] / (b - a).$$

*Proof.* As  $(X - a)^+$  is a submg by Q2 (iii) and upcrossings of  $[a, b]$  by  $X$  correspond to upcrossings of  $[0, b - a]$  by  $(X - a)^+$ , we may (by passing to  $(X - a)^+$ ) take  $X \geq 0$ ,  $a = 0$ . Write

$$V_n := \sum_{k \geq 1} I(\sigma_k < n \leq \tau_k).$$

Then  $V$  is predictable (this comes from the " $<$ " above – we know at time  $n - 1$  whether the  $k$ th upcrossing has begun). So  $1 - V$  is predictable. So

by above the transform  $(1 - V) \bullet X$  is a submg. So

$$E[(1 - V) \bullet X]_n \geq E[(1 - V) \bullet X]_0 = 0 : \quad E[(V \bullet X)_n] \leq E[X_n].$$

Each completed upcrossing contributes at least  $b$  to the sum in  $(V \bullet X)_n = \sum_1^n V_k(X_k - X_{k-1})$ , and the contribution of the last (possibly uncompleted) upcrossing is  $\geq 0$ , so

$$(V \bullet X)_n \geq bU_n.$$

Combining,  $bU_n \leq E[(V \bullet X)_n] \leq E[X_n]$ :  $EU_n \leq E[X_n]/b$ . Reverting to the original notation gives the result. //

**(Sub-)Martingale Convergence Theorem (Doob).** An  $L_1$ -bounded submg  $X = (X_n)$  (i.e.  $E|X_n| \leq K$  for some  $K$  and all  $n$ ) is a.s. convergent.

*Proof.* For  $a < b$  rational, the expected number  $EU_n$  of upcrossings of  $[a, b]$  up to time  $n$  is  $\leq (K + |a|)/(b - a) < \infty$ , for each  $n$ . As  $U_n$  increases in  $n$ , monotone convergence gives  $E[\sup U_n] < \infty$ . So  $U := \sup U_n < \infty$  a.s. If  $X_* := \liminf X_n$ ,  $X^* := \limsup X_n$ ,  $\{X_* < X^*\} = \cup_{a,b} \{X_* < a < b < X^*\}$  ( $a < b$  rational). Each such set is null (or  $U$  would be infinite). So their union is null, i.e.  $X_* = X^*$  a.s.:  $X$  is a.s. convergent (its limit  $X_\infty$  may be infinite). But  $E|X_\infty| = E[\lim(\inf)|X_n|] \leq \liminf E[|X_n|]$  (by Fatou),  $\leq K < \infty$ . So  $|X_\infty| < \infty$  a.s., and  $X_n \rightarrow X_\infty$  finite, a.s. //

**Corollary (Doob).** A non-negative supermg  $X_n$  is a.s. convergent.

*Proof.* As  $X_n$  is a supermg,  $EX_n$  decreases. As  $X \geq 0$ ,  $E[X_n] \geq 0$ . So  $E[|X_n|] = E[X_n]$  is decreasing and bounded below, so (convergent and) bounded:  $X_n$  is  $L_1$ -bounded. So the submg  $-X_n$  is  $L_1$ -bounded, so a.s. convergent by Doob's Theorem, so  $X_n$  is a.s. convergent.

*Uniform Integrability.* Call  $X_n$  *uniformly integrable* (UI) if

$$\sup_n \int_{\{|X_n| > a\}} |X_n| dP \downarrow 0 \quad (a \uparrow \infty).$$

Note that:

(i) If  $(X_n)$  are UI, then each  $X_n$  is integrable. For,

$$E|X_n| = \int_{\{|X_n| \leq a\}} |X_n| dP + \int_{\{|X_n| > a\}} |X_n| dP \leq a + o(1) < \infty.$$

- (ii) If each  $|X_n| \leq Y \in L_1$ , then  $(X_n)$  is UI.  
 (iii) If  $\sup_n |X_n| \in L_1$ , then  $(X_n)$  is UI, as then

$$\sup_n \int_{\{|X_n| > a\}} |X_n| dP \leq \int_{\{|X_n| \geq a\}} (\sup_k |X_k|) dP \rightarrow 0 \quad (a \rightarrow \infty),$$

by dominated convergence.

The next result extends Fatou's Lemma and dominated convergence.

**Theorem.** For  $(X_n)$  UI,

- (i)  $E[\liminf X_n] \leq \liminf E[X_n] \leq \limsup E[X_n] \leq E[\limsup X_n]$ .  
 (ii) If  $X_n \rightarrow X$  a.s. or in prob., then  $X \in L_1$  and  $E[X_n] \rightarrow E[X]$ .

*Proof.* (i) For  $c \geq 0$ ,

$$E[X_n] = \int X_n dP = \int_{\{X_n < -c\}} X_n dP + \int_{\{X_n \geq -c\}} X_n dP.$$

Choose  $\epsilon > 0$ . By UI, we can take  $c$  so large that each first term on RHS has modulus  $< \epsilon$ . As  $X_n I(X_n \geq -c) \geq -c$ , integrable, Fatou's Lemma gives

$$\liminf \int_{\{X_n \geq -c\}} X_n dP \geq \int \liminf X_n I(X_n \geq -c) dP.$$

As  $X_n I(X_n \geq -c) \geq X_n$ , RHS  $\geq \int \liminf X_n dP$ . Combining,

$$\liminf E[X_n] \geq E[\liminf X_n] - \epsilon.$$

As  $\epsilon > 0$  is arbitrarily small, this gives the 'liminf' part; the 'limsup' part is similar.

(ii) If  $X_n \rightarrow X$  a.s., (ii) follows from (i). If  $X_n \rightarrow X$  in probability, there is a subsequence  $X_{n_k} \rightarrow X$  a.s. (quote). Then by (i),  $X \in L_1$ , and  $E[X_{n_k}] \rightarrow E[X]$ . Similarly, every subsequence has a further sub-subsequence  $\rightarrow X$  a.s., along which the mean converges to  $E[X]$ . But this implies convergence along the whole sequence (check). //

Uniform integrability is what is needed to pass from a.s. convergence to  $L_1$ -convergence, and to strengthen convergence in prob. to a.s. convergence:

**Proposition 1.** (i) If  $X_n$  is UI and a.s. convergent, it is  $L_1$ -convergent.

(ii) If  $p \in (0, \infty)$ ,  $X_n \rightarrow X$  in prob. and  $(|X_n|^p)$  is UI, then  $X_n \rightarrow X$  in  $L_p$ .

*Proof.* (i) For  $a > 0$ , define  $f_a(x)$  as  $-a$  for  $x \leq -a$ ,  $x$  for  $-a \leq x \leq a$ ,  $+a$  for  $x \geq a$ . Then  $f_a$  is bounded and continuous, and (check)  $|x - f_a(x)| \leq x$ . By the Triangle Inequality,

$$\|X_m - X_n\|_1 \leq \|f_a(X_m) - f_a(X_n)\|_1 + \|X_m - f_a(X_m)\|_1 + \|X_n - f_a(X_n)\|_1.$$

If  $X_n \rightarrow X_\infty$  a.s., then also  $f_a(X_n) \rightarrow f_a(X_\infty)$  a.s. as  $f_a$  is continuous. As  $|f_a| \leq a$ , dominated convergence then shows that  $f_a(X_n) \rightarrow f_a(X_\infty)$  in  $L_1$  (so is Cauchy in  $L_1$ ). Also

$$\|X_m - f_a(X_m)\|_1 \leq \int_{\{|X_m| > a\}} |X_m| dP$$

by definition of  $f_a$ . Let  $m, n \rightarrow \infty$ : the first term on the RHS  $\rightarrow 0$  as  $f_a(X_n)$  is Cauchy in  $L_1$ . By UI, the second and third terms  $\rightarrow 0$  as  $a \rightarrow \infty$ . This shows that  $X_n$  is Cauchy in  $L_1$ , so convergent in  $L_1$  as  $L_1$  is complete (Riesz-Fischer theorem – quote). //

(ii) We quote this, as we shall not need it; see e.g. Ash [A], Th. 7.5.4.

**Proposition 2.**  $(X_n)$  is UI iff  $E[|X_n|]$  is bounded and  $(X_n)$  is uniformly absolutely continuous, i.e.

$$\sup_n \int_A |X_n| dP \rightarrow 0 \quad (P(A) \rightarrow 0).$$

*Proof.* If  $(X_n)$  is UI,

$$\int_A |X_n| dP = \int_{A \cap \{|X_n| \geq c\}} |X_n| dP + \int_{A \cap \{|X_n| < c\}} |X_n| dP \leq \int_{\{|X_n| \geq c\}} |X_n| dP + cP(A).$$

Choose  $\epsilon > 0$ . For  $c$  large enough, the first term  $< \epsilon/2$  for all  $n$ . Then if  $P(A) < \epsilon/(2c)$ ,  $\int_A |X_n| dP < \epsilon$ , proving  $(X_n)$  unif. abs. continuous. Also

$$E|X_n| = \int_{\{|X_n| \geq c\}} |X_n| dP + \int_{\{|X_n| < c\}} |X_n| dP < \epsilon + c$$

for large  $n$  (the first term by UI), so  $E|X_n|$  is bounded.

Conversely, by Markov's Inequality

$$P(|X_n| \geq c) \leq c^{-1} E|X_n| \leq c^{-1} \sup_n E|X_n| \rightarrow 0 \quad (c \rightarrow \infty),$$

uniformly in  $n$ . This and the uniform absolute continuity give

$$\int_{\{|X_n| \geq c\}} |X_n| dP \rightarrow 0 \quad (c \rightarrow \infty)$$

uniformly in  $n$ , giving  $(X_n)$  UI. //

**Lemma (UI Lemma).** If  $X \in L_1$ , then the family  $\{E[X|\mathcal{B}]\}$  as  $\mathcal{B}$  varies over all sub- $\sigma$ -fields of  $\mathcal{A}$  is UI.

Proof.  $|E[X|\mathcal{B}]| \leq E[|X| |\mathcal{B}]$ . Also, for  $a > 0$   $\{|E[X|\mathcal{B}]| > a\} \subset \{E[|X| |\mathcal{B}] > a\}$ , so  $I(\{|E[X|\mathcal{B}]| > a\}) \leq I(\{E[|X| |\mathcal{B}] > a\})$ . Multiply:

$$|E[X|\mathcal{B}]| I(\{|E[X|\mathcal{B}]| > a\}) \leq E[|X| |\mathcal{B}] I(\{E[|X| |\mathcal{B}] > a\}).$$

Take expectations. Writing  $A := \{E[|X| |\mathcal{B}] \geq a\}$ , the RHS gives  $\int_A E[|X| |\mathcal{B}] dP$ , and as  $A$  is  $\mathcal{B}$ -measurable, this is  $\int_A E[|X|] dP$ , by definition of conditional expectation. Splitting between  $\{|X| \leq b\}$  and  $\{|X| > b\}$ , this is at most

$$P(E[|X| |\mathcal{B}] \geq a) + \int_{\{|X| > b\}} |X| dP.$$

But

$$P(E[|X| |\mathcal{B}] \geq a) \leq a^{-1} E[E[|X| |\mathcal{B}]]$$

by Markov's Inequality, which is  $a^{-1} E|X|$  by the Conditional Mean Formula. Combining,

$$\sup_{\mathcal{B}} \int_A E[|X| |\mathcal{B}] dP \leq \frac{b}{a} E|X| + \int_{\{|X| > b\}} |X| dP.$$

Take  $b := \sqrt{a}$  and let  $a \rightarrow \infty$ : RHS  $\rightarrow 0$  (as  $X \in L_1$ ), so LHS  $\rightarrow 0$ . This says that  $\{E[X|\mathcal{B}]\}$  is UI, as required. //

**Theorem (Lévy).** If  $Y \in L_1$  and  $(\mathcal{F}_n)$  is a filtration with  $\mathcal{F}_n \uparrow \mathcal{F}_\infty$ , then

$$E[Y|\mathcal{F}_n] \rightarrow E[Y|\mathcal{F}_\infty] \quad \text{a.s. and in } L_1.$$

*Proof.* If  $X_n := E[Y|\mathcal{F}_n]$ , then  $X_n$  is a mg (w.r.t.  $(\mathcal{F}_n)$ ), and is UI (by the UI Lemma). As  $E[|X_n|] \leq E[|Y|] < \infty$ ,  $(X_n)$  is an  $L_1$ -bounded mg, so a.s. convergent (Doob's Mg Convergence Thm), to  $X_\infty$ , say. Also  $X_n$  is  $L_1$ -convergent, by the Theorem (ii). It remains to show that  $X_\infty = E[Y|\mathcal{F}_\infty]$ . For  $A \in \mathcal{F}_n$ ,

$$\int_A Y dP = \int_A E[Y|\mathcal{F}_n] dP = \int_A X_n dP \rightarrow \int_A X_\infty dP,$$

by  $L_1$ -convergence. So

$$\int_A Y dP = \int_A X_\infty dP,$$

for all  $A \in \mathcal{F}_n$ , for each  $n$ . As the  $\mathcal{F}_n$  generate  $\mathcal{F}_\infty$ , this extends to  $A \in \mathcal{F}_\infty$  (by a monotone class argument, or Carathéodory's Extension Theorem). As  $X_n$  is  $\mathcal{F}_n$ -measurable and  $\mathcal{F}_n \subset \mathcal{F}_\infty$ ,  $X_n$  is  $\mathcal{F}_\infty$ -measurable, hence so is its limit  $X_\infty$ . So

$$X_\infty = E[Y|\mathcal{F}_\infty],$$

by definition of conditional expectation. //

If the index set  $\{1, 2, \dots\}$  of the filtration  $(\mathcal{F}_n)$  extends to  $\{1, 2, \dots, \infty\}$  so that  $\{X_n : n = 1, 2, \dots, \infty\}$  is a (sub-)mg w.r.t. this filtration, the (sub-)mg is called *closed*, with *closing* (or *last*) element  $X_\infty$ .

**Theorem.** Let  $(X_n)$  be a UI submg. Then  $\sup_n E[X_n^+] < \infty$ , and  $X_n$  converges to a limit  $X_\infty$  a.s. and in  $L_1$ , which closes the submg.

*Proof.* By UI,  $\sup E[|X_n|] < \infty$ . So by Doob's Mg Convergence Thm,  $X_n \rightarrow X_\infty$  a.s. Again by UI,  $X_n \rightarrow X_\infty$  in  $L_1$ .

If  $A_n \in \mathcal{F}_n$  and  $k \geq n$ ,  $\int_{A_n} X_k dP \leq \int_{A_n} X_n dP$  as  $(X_n)$  is a submg. Let  $k \rightarrow \infty$ :  $X_k \rightarrow X_\infty$  in  $L_1$  gives  $\int_{A_n} X_k dP \leq \int_{A_n} X_\infty dP$ . So by definition of conditional expectation,  $X_n \leq E[X_\infty|\mathcal{F}_n]$ . So  $X_\infty$  closes the submg. //

**Theorem.**  $X_n$  is a UI mg iff there exists  $Y \in L_1$  with

$$X_n = E[Y|\mathcal{F}_n].$$

Then  $X_n \rightarrow E[Y|\mathcal{F}_\infty]$  a.s. and in  $L_1$ .

*Proof.* If  $X$  is a UI mg, it is closed (by  $X_\infty$ ), by above, and then  $X_n \rightarrow X_\infty$  a.s. and in  $L_1$ ; take  $Y := X_\infty$ .

Conversely, given  $Y \in L_1$  and  $X_n := E[Y|\mathcal{F}_n]$ ,  $(X_n)$  is a mg, and is UI by above; the convergence follows by Lévy's result above. //