

Berkhamsted Half-Marathon, 7 March 2004.

This is a beautiful and scenic, but very hilly, course in the Chilterns. The day started wet and cold, but improved as we ran.

Mel had a fine run for 5th (2nd M40). Andy Lyne ran well for 11th. I knocked two minutes off my 2002 time for 36th (1st M55), and Moto closed out our team in 70th. That gave Barnet $5+11+36+70=122$ – just one place behind Tring ($8+13+26+74=121$), running on their home turf. Let's get our revenge next year – and try for a bigger turnout!

5 th (2 nd M40)	Mel Parker	1:18:36
11 th	Andy Lynne	1:21:48
36 th (1 st M55)	Nick Bingham	1:28:24
70 th	Moto Kawai	1:33:17
167 th	Pete Ruffhead	1:43:14

434 finished.

Nick Bingham